

Health Care Improvements are Coming!

Great news for DC 37 members employed by the City of New York:

The City of New York Office of Labor Relations and the City's unions, represented by the Municipal Labor Committee (MLC), have negotiated a new premium-free health plan: the **NYC Employees PPO (NYCE PPO) Plan**.

The plan from EmblemHealth and UnitedHealthcare will improve your access to primary care doctors, specialists, nurse practitioners, hospitals, and mental health providers in New York City and nationwide—while decreasing your out-of-pocket costs.

The NYCE PPO Plan will take effect on Jan. 1, 2026.

HIGHLIGHTS OF THE NYCE PPO PLAN

- Provides more access to quality benefits without premiums or higher co-pays.
- Expands EmblemHealth's network of doctors, health care professionals, and hospitals from 64,000 to 78,000 in New York City, Long Island, and the Hudson Valley (Dutchess, Orange, Putnam, Rockland, Ulster, and Westchester counties).
- Provides access to 1.6 million in-network doctors, health care professionals, and hospitals through the nationwide UnitedHealthcare Choice Plus network, especially critical for the 80,000+ pre-Medicare retirees residing outside of NYC.
- Increases in-network mental and behavioral health providers in New York State from 12,000 to 39,000. Mental/behavioral health providers will also increase nationally, from 61,000 to 418,000.
- Allows you to keep your current doctors and reduces pre-authorizations by 50%.
- Improves your telehealth options, allowing consultation with more doctors, therapists, and medical experts online or by phone than the current plan.
- Incorporates all medical services and facilities under a single healthcare plan, with one member ID card, portal and app.

Next Steps

- The open enrollment and transfer period will begin Nov. 1, where members will be able to select which of the City's available health plans best fits their needs.
- Senior Care members will remain in their existing plan; dependents not eligible for Medicare will be transferred to the NYCE PPO plan.
- Covered members will receive a single ID card for their coverage, a welcome kit, and a summary of plan benefits in the mail.
- DC 37 will host information sessions for members prior to plan enrollment.

For more information, visit nyceppo.com